

Aims and Objectives

The overall objective of this project is to build and support good practice in the development and effective implementation of mental health promotion and prevention policy and strategy in the Member States of the European Union and in applicant countries.

The specific goals of the project are to:

- *support* the creation of national networks and assist National Partners in the organisation, implementation and evaluation of the national workshops;
- *identify* opportunities in the participating countries for promotion and prevention in key settings and target populations
- *share* with Member States and applicant countries information and expertise on effective practice developed from previous EC projects on Mental Health Promotion and Prevention of mental illness
- *develop* a European framework on the determinants of effective development and implementation of mental health promotion and prevention, based on the information acquired from the participating countries
- *produce* a **Final Project Report** for Mental Health Promotion and Prevention
- *develop* and carry out an integrated strategy for communication and dissemination of the aims, process and outcomes of the project, using all appropriate media most likely to
 - 1) *raise* awareness among relevant professionals, policy makers and the general public
 - 2) *encourage* effective policy development and implementation within Member States and applicant countries.

For more information on EMIP go to the [EMIP Project Manual](#)

National Workshops

The National Workshops in each of the partner countries will address the following issues:

- **Mapping:** what is the present situation for mental health promotion and prevention? For example, in relation to policy, practice, services, resources, training
- **Opportunities:** what are the factors that support progress in mental health promotion? For example supporting policies (in all sectors), stakeholders, initiatives and networks
- **National profile:** strategic vision for the future development of mental health promotion and prevention

The proceedings of the national workshops are available in [National Reports](#)

National Reports

Each partner country will produce a National Project Report including the following:

- National mental health data
- Policy context: existing mental health and other policies relevant to promoting mental health
- Strengths and weaknesses in the position of mental health promotion and prevention
- Opportunities and barriers
- Key priorities for action
- Progress on developing a National Mental Health Action Plan